

Sports

Sunday, July 12, 2015

■ **Serena Williams** basks in the joy of a sixth Wimbledon championship and her 21st Grand Slam title. **4B**



Old Iwakuma shows up to blank Angels

■ **Gets first win after eight strong innings**

By **Bob Dutton**
Tacoma News Tribune

SEATTLE — Well, now, how might an in-form Hisashi Iwakuma affect

the chances for the Seattle Mariners to mount a charge after the All-Star break? Iwakuma weathered a shaky first inning Saturday night before settling into dominant form in a 5-0 victory over the Los Angeles Angels at Safeco

See **MARINERS, 2B**

MARINERS AT A GLANCE
Saturday: Seattle 5, L.A. Angels 0
Today: L.A. Angels (Heaney 2-0, 1.77) at Seattle (Walker 7-6, 4.53)
Time: 1:10 p.m.
TV: ROOT
Radio: 710 AM



Hisashi Iwakuma is congratulated by teammates after the top of the eighth inning as he earned his first win of the season. **ASSOCIATED PRESS**



Bremerton's Mike Walton (left) congratulates Karl Pilkington after he beat him in the 100-meter dash at the Bremerton West Sound Senior Games.

AGING QUICKLY

■ **Special guest shows growing older is hard**

By **Annette Griffus**
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BREMERTON — What Mike Walton enjoys most about the Bremerton West Sound Senior Games is not only competing but making new friends.

His latest friendship is with Karl Pilkington, host of BBC/Sky/Discovery Science Channel's television show "The Moaning of Life." Pilkington travels the world for the documentary show and is faced with different aspects of life and its biggest issues.

Pilkington and the film crew stayed overnight at Bay Vista Commons in Bremerton, an assisted living facility earlier this week to learn what it's like for people who aren't able to live by themselves due to various health issues.

Pilkington, who is in his early 40s, was aged through the use of prosthetics and a



Pilkington goes against Walton in the 100-meter dash. Pilkington, who is in his early 40s, was aged through the use of prosthetics and a German-designed bodysuit that made him feel like he was in his 80s.

German-designed bodysuit that made him feel like he was in his 80s — imitating an arthritic hip, hands, etc., and limited mobility.

Bremerton's Walton, who will likely be seen a lot in the

episode "Time" when it airs later this fall, said he was happy to help out Pilkington, who was using a cane, and share his story of the aging process.

"I think he's been coping with it really well," said Walton, who

competed in the 50-meter dash and the discus events at the track and field competition held at Bremerton's Memorial Stadium on Saturday. "I think the concept is marvelous because if it raises peoples awareness of what aging does to you, it doesn't happen all of a sudden. Over time it creeps up on you and it debilitates you and if you don't do something to counteract it then it accelerates and makes the end of your life worse."

Walton said Pilkington is finding out at 42 there are a lot of things that he can look forward to that he hadn't thought about.

"It's coming home to him, this experience," he said.

In the 50, Pilkington was running fine until he neared the finish line when he lost his balance and fell down, landing hard and rolling on the track. He got up with a little help and finished in 19.56 seconds.

Doug DeCharme, of Gig Harbor, was running next to Pilkington when he fell down.

"I could hear him breathing behind me (then he was gone)," he said.

DeCharme, who is a former

See **PILKINGTON, 5B**



Giving the obscure a new spotlight

Thursday's edition of the Kitsap Sun introduced a new game for those of us who are sports-trivia minded.

Chuck Stark's "The Blaine Game," in which you name the most famous athlete you can think of that comes from a particular town, spawned plenty of discussion around the newsroom.

Of course, that's the point. There's rarely a consensus answer and that's the fun.

But the discussions got me thinking of playing a Bizzaro version of the game. Who is an athlete from a particular town that most people don't know but should?

I thought I'd play it for a few towns around West Sound.

Poulsbo: Did you know there's a former NFL player and head coach who graduated from North Kitsap High School? Didn't think so. Harland Sware, who played at Washington State, was part of the New York Giants NFL championship team in 1956.

The linebacker went on to coach the L.A. Rams (1962-65) and San Diego Chargers (1971-73) and had a 21-48 record.

Bremerton: Everybody knows three Olympic swimmers — Nathan Adrian and Dana and Tara Kirk — called Bremerton home, but did you know there are two professional golfers from here?

George Bayer was one of the biggest hitters in the game in his prime in the 1950s, when he won four PGA events.

Buddy Allin won five PGA Tour events in the 1970s. He was born in Bremerton but moved when he was young.

Bainbridge Island: You may have heard that pickleball, a slow-downed version of tennis, was invented on the island in 1965, but did you know there's

See **JOYCE, 5B**

Sounders fall on a stoppage-time goal

■ **Short-handed Seattle has lost four of last five**

By **Don Ruiz**
Tacoma News Tribune

For more than 90 minutes Saturday, the Seattle Sounders survived 15 shots

and plenty of their own mistakes, and seemed on their way to picking up a point on the road.

That changed in second-half stoppage time when Chicago concluded an end-to-end counter with a Jason Johnson goal that gave the Fire a 1-0 win at Toyota Park in Bridgeview, Illinois. Johnson finished

strongly into the far post after making a nice inside cut that increased his shooting angle. But the Sounders were left with plenty to regret along the way, from the basic of not stopping the counter with a foul, Michael Ariza leaving Johnson at just the wrong time and Chad Marshall allowing

Johnson's late cut inside. "I thought overall Chicago was the better team," Sounders coach Sigi Schmid said. "We did a good job of defending and holding on there. I thought (Troy) Perkins played well in goal ... I thought Marshall and Zach Scott made a couple of big plays as well.

We needed to be smart enough to get through and hold on to a zero-zero at the end of the day."

It was the Sounders' (10-8-2) fourth loss in their past five games. For Chicago (5-9-3) it was the first win over Seattle in 10 MLS meetings.

The Sounders once again played without

See **SOUNDERS, 5B**

SOUNDERS AT A GLANCE

Saturday: Chicago 1, Seattle 0
Next Saturday: Colorado at Seattle
Time: 7 p.m.
TV: FOX
Radio: 97.3 FM

SPORTS

Spurs fall to Knicks in Hammon's coaching debut

By Tim Reynolds
Associated Press

LAS VEGAS — Every few minutes, Becky Hammon would check some notes and then stuff the list back into her hip pocket. She huddled with her assistant coaches while scribbling up plays that she would show her team during timeouts. She paced the sidelines at times, maybe burning off a bit of nervous energy.

In other words, she coached.

And while it might have seemed normal, it was different.

Hammon made another piece of history Saturday, becoming the first woman to lead a team in an NBA summer league game. Hammon and the San Antonio Spurs lost 78-73 to the New York Knicks in the Las Vegas league debut for both squads.

"I'm learning sorts of kinds of things, not just about Xs and Os but how to handle a team, how to speak to guys," Hammon said. "I feel like I'm just a flower that's getting great roots — but far from blooming."

Other women have coached in summer league — Basketball Hall of Famer Nancy Lieberman was



NBA Summer League head coach Becky Hammon (from right) talks with San Antonio Spurs' Kyle Anderson and Cady Lalanee during a game against the New York Knicks on Saturday.

invited by Sacramento's George Karl to be on the Kings' staff this summer and Lindsey Harding, a former No. 1 overall pick in the WNBA draft, is a guest on Toronto's staff in Las Vegas — but no female had been actually in charge of a roster.

That is, until now.

"It shouldn't be a big deal, because it's coaches coaching. She's been given an opportunity to do what she's done her whole life,"

said Lieberman, who became the first woman to coach a men's pro team in the NBA Development League. "The thing that catches everybody's eye is that we're women coaching men. Eventually, it'll be normal. But certainly, Becky has opened up a tremendous door. She's the right person for the job."

Things didn't always go as Hammon would have wanted. But she showed plenty of coaching savvy.

She subbed out all five of her starters after 4 minutes, with the Spurs already down 13-2 — and she was fairly animated on the sideline while explaining how she wanted certain situations handled at that point. San Antonio got up by nine in the fourth, but the Knicks answered with a 16-0 run capped by a wild jumper from rookie Kristaps Porzingis.

Hammon wasn't fazed. She had two timeouts in

the bank and used one with about 25 seconds left with her team down by three — then used the other with 16 seconds remaining when the first play she had drawn up for that situation fell apart. Hammon briskly moved to half-court, got a ref's attention and called her final timeout.

It almost worked out. Jarrell Eddie got an open 3-point try from the right corner, but it rimmed out.

"I drew up a play. I didn't draw it clear enough," Hammon said. "And I called a timeout. Let's get it right. We got a good look ... so I'm learning. Do I want to absolutely go down to the wire every game? No, because it's ... stressful."

Hammon is going into her second year as an assistant for the Spurs. The former WNBA star spent 16 seasons playing for New York and San Antonio, so it seemed fitting that her summer-coaching debut was against the Knicks.

She was clearly enjoying the moment pregame. Down on the far end from the Spurs bench, Lieberman blew her kisses and bowed, which earned her a smile and wave back from Hammon.

She waved at a couple other well-wishers as well,

chatting with members of the Spurs staff.

Other than the black warmup pants (all the other Spurs coaches and staff were in shorts), the hoop earrings and the ponytail, Hammon was just like everyone else. And that's exactly the way she wanted it.

"To me, it's always about bigger picture," Hammon said. "And we want to make sure that when your wife or your daughter goes for a job interview she gets the same opportunity that a guy gets. That's the bigger picture. That's the bigger goal. Whether it's basketball or the Army or CEOs or in operating rooms, we want women there."

Lieberman is close friends with Hammon, and they've talked plenty about being women who are making it in a world where men fill most of the coaching chairs.

"We know we're women," Lieberman said. "We're just trying to do this thing and make it normal. To all these other people, they haven't seen that before. It's our job. It's like President Obama. He knew he was black before he got the job. It was his job to make it normal. It's our job to make it normal."

It got a little more normal Saturday.

JOYCE
from 1B

Karl Pilkington chases Groge Johnson, of Olympia, as Bill Powers, of Bemerton, falls to the track in the 50-meter dash for 70-74 year olds.

PILKINGTON
from 1B

collegiate track and field athlete, said he decided to sign up for the games on a whim.

"It was spur of the moment," he said. "I thought I'd try it and it was a lot of fun."

While DeCharme is a newcomer to the Senior Games, Walton is a veteran. A former high school and collegiate hurdler, Walton was trained by former Olympian and world record-holder Richard Ault.

"The fun thing about it was the record that I set in high school (Highland Park, north of Chicago) 50 years (earlier) was still standing at the high school when I went back for my 50th reunion," he said. "I was pretty proud of that."

Walton, who is the executive director of the Kitsap Public Facilities District, said he started competing in the Senior Games when his parents were going into their 90s.

"I suddenly realized I could live another 30 years so I better start taking better care of myself," he said. "I started working out and competing and I've competed in the Senior Games for the last 10 years."

Walton has played basketball and softball, but had to give that up due to injuries. The games fill a void for the athlete that is still inside him.

"Besides, it's just a lot of fun," he said. "I've met some wonderful people, guys and girls both, so it's been a good experience as well as being good for me."



Pilkington travels the world for a BBC documentary show about the difficulties of aging.

SOUNDERS
from 1B

stars and starters Clint Dempsey, Obafemi Martins, Brad Evans and Marco Pappa. And for the first time since the final match of 2013, they also were without starting goalkeeper Stefan Frei, who suffered a shoulder injury the previous weekend. He was replaced by Perkins, who stopped the first five shots the Fire put on target, sometimes acrobatically.

"I thought Troy was good," Schmid said. "He stepped up. That's why we signed him. He had to play tonight. Stefan's

“Offensively we didn't play well enough. If we hold on to the ball more, then we naturally relieve the pressure. So it's our offense that hurt us.”

—Sigi Schmid, Sounders coach

been playing well, but I thought Troy had a very, very good game."

The absences have taken a particular toll on the attacking end. Dempsey and Martins are the Sounders' goals leaders with seven each. Dempsey is the assists leader with six. Without them on the field over the last five matches

Seattle has scored a total of two goals while being shut out three times. The Sounders are 1-4 over the stretch.

"Offensively we didn't play well enough," Schmid said. "If we hold on to the ball more, then we naturally relieve the pressure. So it's our offense that hurt us."

The Sounders return home to face the Colorado Rapids next Saturday at CenturyLink Field. Frei could return for that match, and newly acquired midfielder Eric Friberg might be ready to play. But the other missing players are expected to be out again.

"It's not easy when you're losing," Perkins said. "When you're missing guys and you're winning, you don't think about it. Certainly, now you're thinking about that. But you know, no one is coming back any time soon. We have to turn around now and figure out a way to win."

Reign win, take over
first place in NWSL

By Kitsap Sun staff

The Seattle Reign beat the Western New York Flash 4-2 in a National Women's Soccer League game Saturday. The Reign, welcomed back World Cup members Hope Solo and Megan Rapinoe, who is throwing the first pitch at Sunday's Mariners game.

Beverly Yanez, Rachel Corsie, Amber Brooks and Jessica Fishlock scored for the Reign, who were down 1-0 at halftime.

A season-high of 5,778 fans at Seattle Memorial Stadium saw the Reign move back to first place in the NWSL.

another, more important, sports innovator that called Bainbridge home?

Basketball star Ed Lovrich invented a running one-handed push shot that is considered a precursor to today's jump shot. He played at Washington in the 1930s for Hec Edmundson.

Generally, Stanford's Hank Luisetti is credited with perfecting the shot, but it's likely he learned it from Lovrich when the Cardinal played the Huskies.

Sequim: Everybody's heard of motorcycle daredevil Evel Knievel, who became a celebrity in the 1970s.

Did you know his son, Robbie, who broke most of his father's records, lives in the rain shadow?

As recently as 2008, Knievel jumped the volcano at the Mirage Hotel in Las Vegas.

Port Angeles: People are fond of pointing out that John Elway was born in Port Angeles as his dad was coaching at the high school.

You might already know that.

But did you know why Port Angeles High School has the Roughriders as their mascot? It's because of Teddy Roosevelt was honored for setting aside the land that became the Olympic National Park.

The high school and later a junior high were named after Roosevelt.

Port Orchard: This town produced likely the only Olympian to call Kitsap home that represented another country.

Did you know Greece had a baseball team?

Well they did in 2004 when the Olympics were in Athens. And host countries are pressed into fielding teams for each event.

Greece isn't normally a baseball hothead and they had to bend the rules a bit to find enough players who knew which end of a baseball bat to hold.

Enter South Kitsap grad Sean Spencer, who was drafted out of the University of Washington by the Seattle Mariners. Since he had Greek ancestry, he was played for the Olympic team.

Port Townsend: Did you know this town spawned a future basketball coach of the Washington Huskies?

Art McLarry, who had a cup of coffee in the major leagues with the New York Giants (he had three hits in 1932), coached the Dawgs from 1947-48 to 1949-50.

Obviously there are plenty more out there. Tell us about another obscure but important athlete.

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