

MARTHA & MARY

bridging generations, enriching lives

NURSING ASSISTANT CERTIFIED TRAINING PROGRAM

Fact Sheet

September 16, 2014

What is a Nursing Assistant Certified (NAC)?

Certified by the state, NACs care for individuals requiring help with activities of daily living, including bathing, grooming, dressing, eating, exercising and toileting. They work under a nurse's supervision, and since they have extensive daily contact with each patient, they play a key role in the lives of their patients and in keeping the nurse up to date on vital information about the patients' conditions.

What personal qualities do I need to succeed as an NAC?

It is imperative that NACs possess good observation and communication (written and verbal) skills. Additionally, they need to possess energy, a positive attitude, great personal resilience and a cooperative attitude.

How do I qualify to become an NAC?

To qualify as an NAC, you must:

- Be 18 years of age
- Successfully complete a state-approved NAC training program (our program is state-approved!);
- Successfully complete the state's certification exam

How often is the NAC Training Program offered?

We offer the NAC Training Program 5 - 7 times a year.

How long is the NAC Training Program?

It is a 15 day long program. Full-time attendance is required.

- The first half of the class is spent in the classroom between the hours of 8:00am – 4:30pm, Monday through Friday.
- The second half of the class is spent in our clinical setting, working directly with our residents, between the hours of 6:00am – 2:30pm, Monday – Friday.

What are the program fees?

Although there is no charge for books or tuition, there are a few class fees:

- \$48.00 for a Nurse Assistant Registered (NAR) application, which allows students to work in the clinical setting prior to being certified as a nursing assistant. This fee is collected by the third day of class.
- \$48.00 fee for the application of NAC status, if desired.
- \$110 fee for the written and skills certification testing requirement, if you desire to be an NAC and are not employed by Martha & Mary.
- Additionally, you will need to purchase a uniform (“scrubs”) for the clinical portion of your training.

What is the NAC Training Program application process?

In order to be accepted as a student for our NAC Training Program, applicants must:

1. Submit a Program Application by the deadline
2. Attend an Information Session
 - Score at least 80% on an Entrance Exam
 - Complete and pass a Background Check
3. Attend an interview with our NAC Instructor

What is an Information Session?

At the information sessions, applicants will learn more about the program and have a chance to ask questions. Applicants will take a short test to verify reading comprehension and basic math skills necessary to succeed in the class and pass the state exam. Additionally, applicants will need to fill out a background check application necessary to work with our residents who are vulnerable adults.

How are applicants selected?

The NAC Training Program is in high demand and therefore there is a competitive selection process for participating in the program. Applicants will be selected based on criteria demonstrating their desirable work habits and their ability to succeed in the class. These attributes include timeliness, a neat appearance, good communication skills and customer service awareness. Related experience and date of application are also considered.

Once I am accepted to the program, what is required of me to become an NAC?

1. Attend the 3 week class with full attendance
2. Successfully pass an end-of-class written & skill-based exam
3. Successfully pass the state’s written & skill-based exam
4. Apply for NAC status with the state

Where do I test for NAC certification with the state?

Martha & Mary is a state-testing site for the state's written & skill-based exam required for NAC certification.

Am I paid while participating in the training program?

No, as a general rule you are not compensated while you're participating in the program.

Am I required to work at Martha & Mary after completing the NAC training class?

No, there is no requirement that you work at Martha & Mary upon completion of the NAC training class. However, we run this program with the hopes of finding and training NACs to come work with us and interviews for NAC positions are offered to students at the end of class..

Who can I contact for more information about the NAC Training Program?

Please contact Jennifer Bailey at jbailey@mmhc.org or 360.394.4023