

February 16, 2018

To: Martha and Mary Board of Trustees

From: Helen Stoll, President of the board

**Martha and Mary
BLACK and WHITE GALA
FRIDAY, May 4, 2018 6:00 pm to 10:00 pm
Suquamish Clearwater Casino Resort**

(Please note the change in venue and day of the week)

First take a moment to enjoy the fabulous website <http://www.marthaandmary.org/>
(not the board website) Click on "Support Us" and the Gala will pop up. Fun!

Board member Participation Possibilities:

Fill a table of 8 (or a half table) with your friends and family. See prices on Gala website;

Take time to look through the lists of silent and live auction ideas that should be posted on the board website on Tuesday, February 22. Contact Paula Rimmer - primmer@mmhc.org - 360 394-4065 with questions or comments.

- Do you have any connections that would help us to acquire any of these items or something similar?
- Do you have other ideas?
- Are there friends and/or associates that you would like to introduce to M&M?
- Can you help with set up and take down the day of the event?
- Are you or a partner/spouse creative at arranging auction items?
- Can you help put together catalogues, etc for a few hours before the day of the event?

Transition in information flow between the committees and the Board at large:

The board and staff of M&M have accomplished amazing progress over the past 2 years. We all continue to work toward quality and efficiencies and build on the progress made. This includes efforts to re-form the function of the board

To that end I am highlighting a trend in the board's information flow that will

- Inform members about each committee's current focus and work,
- Prepare us with background for the monthly board meetings
- Help to inform our reports, discussions, and decisions in board meetings.

Points to note:

Much of the work is now being done within committees which also include staff and can call upon other board committees and outside sources as needed.

Committee minutes can be found in our monthly packets posted on the board website.

- This is a work in progress.... Please make a habit of reading them.
- For committees that meet on the same day, prior to the board meeting, all time-sensitive information can be reported by the committee chair at the board meeting. The minutes will be posted for the following month's packet.
- Reading committee minutes will give us a sense of the flow of work in the committees and help to formulate questions, observations or concerns to bring to the board meeting.
- With the work shifting more to the committees we are dividing effort according to individual member's expertise and interests and for best use of time.

However, the responsibility remains with us as the Board of Trustees at large to track the course and progress of committees and arrive at our decisions fully informed.

In board meetings committee and task force chairs will only need to provide highlights, lead discussion as necessary, and bring recommendations and motions as appropriate.

- For committee chairs - please bring motions to the board in writing.
 - Provide a copy to the admin support staff (usually Jennifer Bailey) to make copies for each board member.
 - This provides clarity and accuracy for both board members and admin support
 - Edits can be made as needed

Cybersecurity

The board shares responsibility for security and response to intrusions

It will be a small part of the annual audit report by Dan Frein of CLA in March.

M&M's current status will be addressed in a presentation by staff at our May board meeting

A LeadingAge white paper and two-part article for background will be provided in March

Legislative Priorities that affect M&M's Mission

Please see the *LeadingAge Advocacy Policy Priorities for 2018* which is posted in our packet this month. This information gives us a look at issues and trends and can provide stimulus for further research pertaining to M&M's mission and interests. As you will recognize, these are long-term initiatives and aims. It takes persistence.

My comments:

Affordable Senior Housing - "Service-enriched, affordable housing" refers to what is currently called affordable assisted living. The trend to in-home care is well underway; the revenue to reimburse providers - not so much. Will there be a shift in revenues from other venues of care? Will other venues be serving fewer clients? Or with the rapid increase in senior population, will more revenue be needed?

Quality Measures and Quality Assurance - Inconsistency in systems of evaluation and application of regulations in surveys which penalize providers.

Integrated Health and Long-term Services Supports - *This is M&M's area of mission!* This is about testing an expansion of Medicare support for *integrated* healthcare services to seniors.

Again the models exist and prove that health outcomes improve and costs diminish. But we need to more rapidly shift our cultural ideas about the dominate paradigm of healthcare delivery. Safety net programs for older adults - Again, with in-home services expanding, integrated services smooth the timeliness and trajectory of healthcare interventions and transitions. This ultimately diminishes severity of disease and therefore greater ease for individuals and less cost. Shift the paradigm.

Telemedicine and Health Information Exchange - Imagine how many more patients (most of whom don't need a visit in any given day) a nurse or social worker could support without having to drive all over Kitsap County. As a hospice nurse in Kitsap county I commonly drove 100 miles in a day to see 5 patients! Costly in every way. Again, technology is there but not reimbursement.

Hospice Services - "Advanced illness" is a better (not best), more friendly and accurate term for a combination of what are currently two seprate services commomly called palliative care and hospice care. The care model and interventions for both are almost always experienced as helpful physically, socially, mentally by both client/patient and family. The transitions to these services are jarring psychologically for all at a vulnerable time. Again, the model for care has evolved but is not implemented fully because the mechanism for reimbursement needs to follow.

Include home health in the *Rural Health care Connectivity Act of 2015* - *Affordable* broadband for providers of rural home healthcare. See Net Neutrality below.

Net Neutrality - The shift to less expensive, infinitely more satisfying in-home care is enabled by rapidly developing technologies dependent upon rapid, *affordable* internet connection. Telehealth, again expense-sparing, depends upon internet connection.

Kudos to each board member for your time and expertise
brought on behalf of Martha and Mary.

Invaluable!

And Kudos to us as a Board of Trustees!
Passion and Persistence!