

BRIDGING *Generations, Enriching Lives!*

We are excited to share that we recently received approval to proceed with a major transformation within our Health Services building in Poulsbo. This transformation will add new energy to our Health and Rehab Center for our seniors and uniquely enhance the child care experience for [Martha & Mary Kids](#).

By the end of the year, we hope to merge the Child Care Center and Children's Learning Center in Poulsbo into one large Child Care & Learning Center on the first floor of the Health Services building. This new and larger space will have the capacity to care for an additional 50+ children from Kitsap County. There will be individual classrooms, larger dining areas, play areas and more to allow structured engagement, learning and development for specific age/grade levels.

The seniors in the Health and Rehab Center are excited to welcome the children to the main building. An area that was once a place for senior healing and care, will now become a place where children grow, learn and have fun. The position of the Child Care & Learning Center, while under the same roof as over 120 seniors, will maintain separate heating and ventilation systems and their own entrance on the first floor. The seniors reside on the second floor.

This collaboration will enhance the Intergenerational Program (IGP) opportunities and enrich the lives of all. From ease in planning and implementing in-person or virtual IGP experiences for the [Kids](#) and seniors, to simply providing a vibrant place for seniors to enjoy the children at play from afar.

There is a need for child care in Kitsap County and Martha & Mary is the right organization to help fulfill this calling. Our experience and dedication to everyone we serve does not go unnoticed. From the countless awards and recognition for quality care and services throughout our organization, it is the Martha & Mary family who have earned this opportunity and we are privileged to embark on this project together.

Thank you for supporting this endeavor, embracing this new venture for Martha & Mary and sharing the excitement with your friends and families.

May the spring bring good health, the defeat of COVID-19, and a new and magnificent transformation for child care opportunities in Kitsap County!

GOOD TO KNOW!

- ♦ Martha & Mary was first established in 1891 as an orphanage for 20 children in Poulsbo. The early child care years ended around 1955 and were re-established in 1983 beginning with providing child care for our staff. My how we've grown and continue to grow!
- ♦ Martha & Mary Health Services in Poulsbo has provided long-term and short-term medical and rehabilitation care to 1000's of seniors in our community. The Health Services team proudly boasts a 5-STAR rating with Centers for Medicare & Medicaid Services and is among the TOP 3 Best NURSING HOMES in Washington State.
- ♦ Martha & Mary was also recently voted [Best Senior Care](#), [Best Child Care](#) and [Best Assisted Living](#) by the readers of WestSound Home & Garden! We are truly honored! Thank you!



OUR MISSION...

Martha & Mary provides quality, compassionate care and intergenerational experiences for children, adults, and seniors regardless of faith, ethnicity, or economic status. We do this in a Christian manner by offering those we serve caring rehabilitation, a safe place to grow and learn and an opportunity to live with dignity, honor and individuality.



THANK YOU, THANK YOU!

Our 2021 Generations of Care Virtual Auction and 130th Anniversary Celebration culminating the evening of March 20, 2021 were a smashing success! Through the generous support of our families and friends old and new, supporting sponsors, our surrounding community, and beyond, together we raised over \$100,000!

We could not be happier with this outcome. These funds will directly benefit the future new Martha & Mary Child Care & Learning Center positioned on the main campus in Poulsbo.

From refurbishing old spaces to purchasing new equipment for play and learning, the funds raised will make a huge impact for Martha & Mary Kids!

Thank you all for supporting Martha & Mary!

2021 GENERATIONS OF CARE AUCTION



A VIRTUAL CELEBRATION!

If you missed our big event and would still like to donate, please visit www.MarthaandMary.org. Thank you!

Bay Expansion is complete!

Excitement filled our Health Center in Poulsbo as we gathered to put the final touches on the eagerly awaited new addition to our memory care unit. On April 6, 2021, we opened the doors to our new addition, just in time for lunch!

The new addition boasts large windows, inviting the natural light to shine in and a glass door to access a secured and carefully landscaped courtyard designed for outdoor wandering and exploration.

Conveniences of the new addition include a kitchenette, a large screen Smart TV, craft and activity space and a home-like fireplace and seating area for relaxation and visiting. We were also able to create a smaller private space for those in need of a quieter atmosphere or privacy with a visitor.

This new space was made possible primarily through the support of many generous donors and grants. We are forever thankful for those who have helped us bring this vision to fruition. Thank you! 💕



Top-West end of the new addition.
Middle-Beautifully landscaped, courtyard with walking paths.
Bottom-East end with easy access to the courtyard and plenty of storage for activities and crafts.



COVID-19 UPDATE

Thus far, the year 2021 has been a COVID-19 free year for the Health Services, Independent Senior Living and Child Care facilities at Martha and Mary. Staff and seniors in all of our buildings have been offered the COVID-19 vaccine and the majority have now been fully vaccinated. We continue to follow the guidelines issued from the Washington State Department of Health and our local health jurisdiction.

Visitation in all of our buildings remains limited.

We have been able to expand some opportunities for families and friends but do not anticipate fully opening any of our locations for some time. Our responsibility to protect our most vulnerable people, both children and seniors, and our staff is paramount in all that we do. We are continuing to perform daily COVID-19 screenings of everyone entering our buildings and monitoring and testing for COVID-19 when and where appropriate.

Like you, we are hopeful for an end to this pandemic soon. We too are eager to gather, hug our loved ones and share time with one another without limitations.

Please continue to wear a mask, maintain social distancing when appropriate, and get vaccinated if you can. Together we will put an end to COVID-19.

For more information about COVID-19, please visit: www.doh.wa.gov or www.cdc.gov



FUN with MARTHA & MARY Kids



Spontaneous fun with Martha & Mary Kids often makes for the most memorable experiences and best stories for the children to bring home to their families at the end of their day.

(Left) On this day, two large herons were spotted nesting in a nearby tree not far from our Early Learning Center in Silverdale. Staff quickly assembled a telescope so each child could take a closer look at our new feathered friends. The children then were able to draw pictures of what each of them saw through the tiny magnifying glass.

Many children had never had the opportunity to use a telescope and were excited to see details of the something so far away. We love to inspire exploration and creativity every day at Martha & Mary Kids!



RECYCLE. RE-IMAGINE!

Our Pre-Kindergarten class were creative when learning about recyclable materials and re-used cardboard boxes to build a box city. Their imaginations were soaring with ideas, including the construction of a cardboard dog house to complete the project.

